



# TRENT HILLS PROBUS CLUB NEWSLETTER

## FEBRUARY 2021

*Our Strength is Fellowship; Our Success is Participation*

**NEXT MEETING:**  
**WEDNESDAY, FEBRUARY 10, 2021 AT**  
**10:00 AM VIA "ZOOM"**  
(Further information on Page 2)

### **PRESIDENT'S MESSAGE:**



Lockdown. Here we go again. Stay home. Essential travel only. All to avoid contact with the sparklets of Covid that could be floating in the air as you walk near someone. It only takes one infected person to spread Covid, especially the new strain from England which seems to be highly contagious. Please wear your mask properly whenever you are out or speaking with someone not from your home.

A year ago, on January 23, 2020, Sunnybrook admitted what turned out to be the first Canadian case of Covid 19. It was a passenger who had been on a plane from China, and it took until the 25th to realize this patient had Covid! And so it began. Now the virus is mutating and there are strains from England, Africa and Brazil - all slightly different. A vaccine has been introduced for us to fight these viruses, however, it is early in the research and as we get the vaccine, we are part of the research. Still, it seems that these vaccines are our only chance to get control of Covid and to get back some of our previous lives.

A lot of us are getting tired and are ready to return to the way it was. Think of our parents, and our grandparents. Do you remember them talking about "the good old days"? It never did return to their "good old days" and we have to face reality and realize that life with and after the virus (even partially) will be different than before. People are working from home and businesses are finding that it works quite well. Zoom and programs such as zoom are here to stay. Doctors are meeting their patients virtually instead of everyone having an office visit. Emergency Rooms in some hospitals are also virtual for some levels of care. Concerts and tours may be done on-line as well as some travel to tourist sites. You can meet your friends virtually for an evening of games or cards and you can sign up for activities such as wine-tasting in your own home. There is no limit and we have to be open to adjust.

Clubs such as Probud will also have to adjust. Our main focus has always been for retirees to meet and to build friendships. We also have always provided some sort of program in our meetings. We are doing our best to try to meet both these criteria, and will continue to work on it and to grow. At this point, we do not know when the majority of members will be comfortable meeting in person. I don't think anyone does. As a Management Committee, we are all watching closely and doing what we can as we can.

## PRESIDENT'S MESSAGE (CONT'D)

Meanwhile, you can still send an email to an “old acquaintance”, give them a call on the phone or even organize a virtual call. If there were a few of you who always sat together, you can organize a zoom call. We may have to stay home but that doesn't mean we can't “see” or talk to our friends.

Take care and be creative. Enjoy the time when you don't have to be somewhere at a specific time.

Norah

### **DON'T MISS OUR FEBRUARY MEETING!**

WE'VE ENJOYED DAN BUCHANAN BEFORE—GRAB A CUP OF COFFEE AND HEAR HIM AGAIN ON WEDNESDAY FEBRUARY 10TH AT 10 AM ON ZOOM.

YOUR INVITATION WITH LINK TO THE MEETING SHOULD ARRIVE IN YOUR EMAILBOX ON MONDAY, FEBRUARY 8TH.

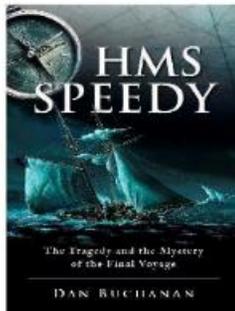
THERE WILL BE AN OPPORTUNITY TO ASK QUESTIONS.

## **Dan Buchanan**

*The History Guy of Brighton*

Historian & Storyteller

Author of 3 Books



### **The Wreck of HMS Speedy The Tragedy That Shook Upper Canada**

HMS Speedy was lost in a storm off Presqu'île Point in 1804 and its remains have never been found ..... or have they?? Here is a fresh look at the events around the loss of the Speedy as well as brand new information about the search for the remains of the Speedy conducted in the early 1990s. What did they find? Was it really the Speedy?

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### **ZOOM TIP OF THE MONTH**

Now that the Club has purchased the full account membership for Zoom, we can accommodate more people for longer meetings. Many other clubs in the region are continuing existing clubs (e.g. book clubs, wine-tasting clubs) and some are starting new ones (card clubs, trivia clubs). If this is of interest to groups of our members, we could assist in organizing the start-up of a club on Zoom. We have many members who are currently actively participating in various Zoom activities outside the club; perhaps some of them would be willing to help start up a Probus activity.

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## 'LOCKDOWN' ACTIVITIES

### YOU-TUBE VIDEOS!



If you're a space enthusiast like me, you may enjoy these fascinating video tours of the International Space Station: [International Space Station Tour | NASA](#)

If you've run across videos which may be of interest to other members, send the link and description to the Editor to share with other members.

### GOOD BOOKS!



Read a good book lately you can recommend? Send the info to the Editor to share with other members.

### RECIPES!



We're all cooking more than ever... have you found a great recipe that's worth sharing? Send it to the Editor and we'll share it here.

I've recently tried this "Mexican Tortilla Stack" made with ground turkey or chicken which is delicious comfort food. [Mexican Tortilla Stack \(life-in-the-loft.com\)](#)

### PICTURES!



Always thrilling to see these guys but to get two together on their lookout in our yard was great!

Send a picture of something you did or saw, with an explanation, to the Editor and we'll share here.

## COVID-19 UPDATE FOR NORTHUMBERLAND COUNTY

(Data provided by the Haliburton, Kawartha, Pine Ridge District Health Unit, January 30th)

Current Active Cases: 14 (0.02% of the population of 85,600) (**SAME AS LAST MONTH**)

Total Cases: 369 (0.43 % of the population)

Cases Resolved: 347 (94.0% of total cases)

Hospitalizations to Date (Total): 8 (2.2% of total cases) (**ONE PERSON HOSPITALIZED WITH COVID IN THE PAST 30 DAYS**)

Total Deaths: 8 (2.2% of total cases)

### Message from the Editor...



Hopefully the Groundhog doesn't see his shadow and Spring will come early!

Keep up your spirits — the days are getting longer and hopefully this latest lockdown won't last too much longer!

Hope the "Sharing" Idea on Page 3 takes off. It is a way for members to share in providing worthwhile content for our Newsletter! Deadline for submissions is the 25th of each month—  
lauramcculloch52@gmail.com

Laura McCulloch  
Newsletter Editor



### On the Lighter Side...

A man takes his wife to get tested. Two days later he gets a call from the lab.

Doctor: I'm sorry to inform you that your wife's test results were mixed up with another patient's results. We're not sure if she has Covid-19 or Alzheimer's Disease.

Man: So what am I supposed to do now?

Doctor: Take her for a long walk and leave her. If she finds her way back home, don't open the door!