

Share the wealth winners for
Feb. 2020

Feb. 13 Eunice Hogg \$31.00

March 12
Greeters:
Share the Wealth:
Membership: Lacey & Roger
Helpers: Georgina & Bryon Rose

March 26
Greeters: Julie Joyce & Joan Little
Share the Wealth:
Membership: Lacey & Roger
Helpers:

If you would like to host an
Apps & Drinks
Contact: marilynnndunne@yahoo.ca
705 745-1741 905 376-4165



CONTACT INFORMATION
GANARASKA VALLEY PROBUS CLUB
EXECUTIVE 2020

PRESIDENT: Gary Chadwick
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COMMUNICATIONS: Betty Curtis
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GANARASKA CURRENTS

<http://probusthumberland.com/news/ganaraska-valley-news>

Go to this website to see our and other Probus Clubs newsletters.

OUR MAILING & EMAIL ADDRESS
Ganaraska Valley Probus Club
P.O. Box 201



GANARASKA VALLEY PROBUS CLUB NEWSLETTER

ganaraska currents

Mar. 2020

Volume 19 Number 3



We have a great club and we get to do a lot of different activities. We thank all our members for stepping up to the plate who volunteer their time to help make this club so great.

We are still looking for a vice-president for the 2020 year. Also needed are people to help organize Lunch Bunch and Rovers.

If there is any area you can help in, approach one of the executives to learn about what needs to be done.



Your Probus Calendar

Mar. 9	Euchre Club 1:30 to 4pm At Canton Municipality Centre Hwy 10
Mar. 9	Bowling at 1pm at the Northumberland Mall lower level
Mar. 12	Regular Meeting 9:30 to 11:00 Speaker: Kate Lennan from the Humane Society
Mar. 13	Apps & Drinks at the home of Jan & Eric Blaikie 48 Jarvis Drive Port Hope 2 to 5pm
Mar. 23	Euchre Club 1:30 to 4pm At Canon Municipality Centre
Mar. 26	Regular Meeting 9:30 to 11:00 Speaker: Laura Heighway "Fiddler"
Mar. 30	Games Day at the Jack Berger Recreation Centre 1 to 4pm
Mar. 31	Pub Night at the Beamish John St. Port Hope Time 5:30pm

Sign up for above events at our sign up table

**Regular Meeting
Feb. 13, 2020
Speaker: Lisa Sherwin-
O'Leary**

Lisa is a Certified Laughter Yoga teacher. She has been doing laughter yoga for 10 years. She believes that laughter promotes physical, emotional and mental wellness.



Laughter can be the best medicine as it releases in our brain the hormone endorphin. We call it the feel good hormone. Laughter also releases stress and gets our blood pumping to give us that positive mental state.



**Fun time at Apps and
Drinks Feb. 6**

Thanks to Gail & Gary Chadwick for opening their home and hosting.



**Rovers dinner at C&J
Pub & Grill
Feb. 11**

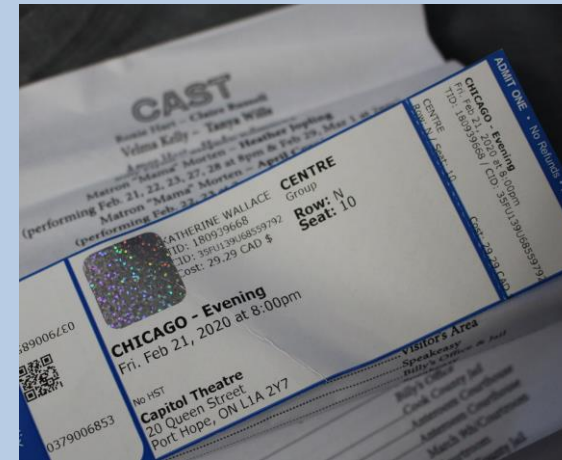


**Gord, Stu & Marcel enjoying their
brew**

Thanks to Heather McKeown for
arranging the outing

**Capital Theatre Outing
Feb. 21**

Thank you to Kathy Wallace for organizing this outing
Some of our members spent the evening having supper at the Railside restaurant before an marvellous performance of "Chicago", put on by Northumberland players.



Euchre club

Every second week, the euchre club meets at the Canton Municipality Centre on Hwy 10.
These games are unbelievable fun and with no pressure. It may be the delicious lunch that draws us. Join us. Contact Jan Blaike 905 885-5458 or Lois Meadows 905 885-6715



**Regular Meeting
Feb. 27
OUR MEETING WAS
CANCELLED DUE TO A SNOW
STORM**

