



in TOUCH



## Probuss Club of Colborne

March 2019

Box 865, Colborne Ontario K0K 1S0

FOUNDED 2003

PROBUS CANADA WEBSITE [www.probus.org](http://www.probus.org)

Check us out at [www.probusnorthumberland.com](http://www.probusnorthumberland.com)

Meetings are held on the first and third Wednesdays of each month from September through June at the Keeler Centre in Colborne

(Unless otherwise designated by the current executive.)

### 2018-19 Executive

President	Sheila Klaassen
Vice-President	Mary Lee
Secretary	Cheryl Livie
Treasurer	Alan Cullum
Past-President	Sheila Klaassen

### Committees

Greeters	Elsie Cullum
	Heather McElroy
Speaker Co-ordinator	
	Heather McElroy
Membership	Alan Cullum
Sunshine	Diane Dycke
Bowling	Gord McArthur
Set-up	Menno Klaassen
Christmas	Lynda Leroux
Anniversary	
Picnic	Sue McQuillin
Car Rally	Bob Lee
Social Committee	Judi Eakins
	Cathy Burne
	Gayle Jones
	Pauline Bruce
In Touch Editor	Louise McNutt

From the President's Perch



### Hello Spring

It seems that March came in like a Lamb and went out like a Lion. Isn't it a good feeling to have winter behind us, no more concerns about the need to cancel a meeting or if the speaker will get here on time.

Soon we will welcome the remainder of the snowbirds home just in time for our Anniversary celebration on April 17, the food has been ordered and I think Linda Leroux has something up her sleeve for the programme.

Waiting for the tulips and daffodils to come up and the robins to build their nests.

Cheers

Sheila





**April**

Lynda Lerouz (5)

Menno Klaassen (15)

Heather McElroy (18)



**April**

Another month where none of us got married.

**MARCH 6, 2019: PROBUS CLUB OF COLBORNE**

- 25 members plus 1 guest speaker were at the meeting today.

Sheila Klaassen opened the meeting with the singing O'Canada.



Thank you, Mary Lee for leading us off.

Anniversary Luncheon:

- When – April 17, 2019
- Cost – \$20 each – This needs to be paid ASAP.



*Spring Has Sprung*

*Spring has sprung, the grass has ris';  
 I wonder where the birdie is?  
 There he is up in the sky.  
 He dropped some whitewash in my eye!  
 I'm alright, I won't cry,  
 I'm just glad that cows can't fly!*



## SPEAKER

Gord McArthur introduced our speaker.



- Carol Corelli Burnham



- From Bridge Hospice Warkworth.
  - A tranquil, intimate home away from home, where people nearing end of life and their families receive exceptional care, guidance and support.
  - Caring for a loved one who is terminally ill is very challenging, especially as end of life nears. In the final days, around-the-clock physical and emotional needs increase, just as family caregivers are running on empty. It is intensely difficult for all concerned.
  - This is where “The Bridge Hospice” can help. At our small hospice home, care is provided 24/7.
  - **The Bridge Hospice** offers
    - Exceptional caregiver-to-resident ratio.
    - Private rooms with pastoral views.
    - Care tailored to individual needs.
    - Overnight accommodations for family.
    - Welcoming, supportive atmosphere.
- All services are provided FREE of charge.**
- We encourage those who may be interest in our hospice to come for a visit. We can provide insight on next steps and whether our hospice is a good fit for you or your loved one.

You will find attached a copy of the “**HOSPICE WISH LIST**”.





### Share the Wealth Winner



Heather McElroy with Doris Simpson who won \$20



Thank you Sheila Klaassen for making the coffee today,  
And thank you, to Cheryl Livie for volunteering to make coffee for the April 3<sup>rd</sup> meeting.

We give advice by the bucket,  
But take it by the grain.



## OPEN MIKE:

### Sheila Klaassen:



- March 20, 2019 meeting
  - o The Bridge Hospice Tour - 10:00 am sharp! Takes about 30 minutes.
    - Those that want to car pool will meet at the Keeler Centre @ 8:45 am
    - Followed by a group lunch...
- Sign-up sheets are ready.
  - o Anniversary Luncheon - \$20 each – April 17, 2019
  - o Dinner Theatre with the Presqu'ile Club
  - o Guys & Dolls
  - o Fourth Line Theater – Millbrook
  - o Golf with Brighton Probus – April 25, 2019 start date
  - o Bowling

### Judi Eakins: Social Committee



- Dinner Theatre with the Presqu'ile Club
  - o Fox on the Fair Way – May 6, 2019 - \$56 per person
- Guys & Dolls
  - o Port Hope – June 9, 2019 @ 2 pm
- Fourth Line Theater – Millbrook
  - o This is an outside theatre with a shelter
  - o Tickets are non-refundable – \$40 each
  - o Picnic area is available @ 4:00 pm
  - o Play starts @ 6:00 pm
  - o Rock “N” Roll
    - July 2-27, 2019
    - Tuesday – Saturday @ 6:00 pm or Monday July 22, 2019
  - o Carmel
    - August 6-31, 2019
    - Tuesday – Saturday @ 6:00 pm or Monday August 26, 2019

### Gord McArthur: Bowling



- The signup sheet is on the front table
- Next get together is March 27

## **MARCH 20, 2019 MEETING: PROBUS COLBOURNE CLUB**

### The Bridge Hospice Tour

- We met at the Hospice for a 10:00 am tour.
- The volunteers had coffee and cookies available for us before the tour started.



Sheila Klassen & Gord McArthur  
(Sorry Gord... you were caught at the wrong second.)

- After everyone arrived and had their coffee and cookies, we split into 2 groups for the tour.
- My group's leader: Kerri-Anne Wilson who is Director of Clinical Services & Operations



Cathy Burne is sitting in the living room of the house reading a book about "The Bridge Hospice".

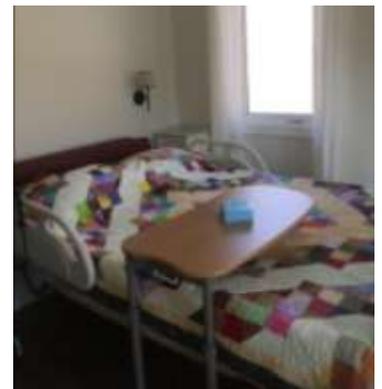
This is one of the places where family members can sit quietly when they need a break or when their loved ones are sleeping.

One of three rooms for the patients. Unfortunately, the other two were occupied; as a result we were not able to see them.

This is the Cottage room; very nicely decorated, lots of light, there is a door that opens out onto a patio where the bed can be wheeled out.

Families are welcome to remove any decorations and replace them with things that will give more pleasure to the patient.

The mattress is an air mattress that can easily reposition the patient to make them more comfortable.





Bob McNutt and David Miller are at different ends of the room while listening to Kerrie-Anne Wilson explained all the wondrous things that will make the patient's end of life more peaceful.



To the left is the kitchen area where families can make a coffee/tea or a full meal if they choose to.

To the right is another view of the living room with Meno Klassen and Mary Lee listening to Kerrie telling us how the families use the kitchen.



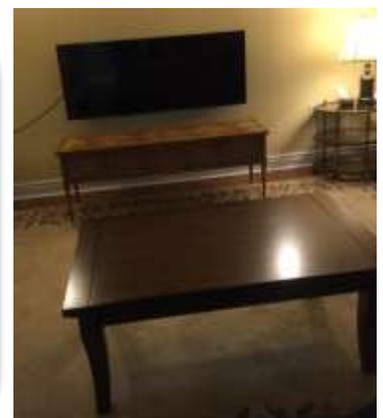
Hillcroft is the name of the room that is used for the family members to have a message.

All the rooms are have names suitable for their use.

Downstairs is used by the families to have a change of pace while they are visiting their loved one.

There is no TV reception here. The do have computers available for the families when the need arises. This area is used more for playing games.

There are bedrooms available if families want to stay over with their loved ones.





Here we have the play area for the little ones. You would think that the mural at the end wall would scare them. This has been designed to show that it is OK to be sad, happy, angry, or want to cry. All of these feelings are natural at a time like this.

There are many books available for all ages if this is what family members would like to do.

All you need do is ask and they staff will do their best to get whatever your needs are at the time.

We are now back in the living room where Kerrie answered any questions that we had.

Thank you Kerrie-Anne Wilson for showing us that end-of-life can be as pleasant as possible for everyone involved.



The gang outside the front door as we were leaving.

### Gord McArthur: Bowling



- Ah! Spring! What an exciting time of the year. As we prepare to pack those winter clothes and equipment away for another year, so to, do we bowlers participate in our last gathering until the Fall.
- Eight members gathered in Brighton on a wonderful sunny morning to share some giggles and Fellowship.
- Gord was top bowler with a combined score of 269 and 4 strikes followed closely by David Miller 251 and 1 strike then Bob McNutt 232 and 1 strike. Louise was right behind with 213, Bob Lee 211, Cathy Burne 197 then Menno with 164 and Carol 128.
- To all who participated this season, many thanks for your support, your terrific sense of humour but mostly for your Fellowship.

### Speaker:

- April 3<sup>rd</sup> will be about MEDICAL MARIJUANA.

### The BRIDGE HOSPICE:

- Attached is the "Hospice Wish List"

## Coming Events

Be sure to pick up the Watershed Magazine, you will find lots to do in there.



### Theaters can be checked out at:

- [www.concerthallatvictorialhall.com](http://www.concerthallatvictorialhall.com)
- [www.northumberlandmusic.ca](http://www.northumberlandmusic.ca)
- [www.capitoltheatre.com](http://www.capitoltheatre.com) or call 905-885-1071
- [www.vintagefilmfestival.com](http://www.vintagefilmfestival.com) Port Hope
- [www.northumberlandfilm.ca](http://www.northumberlandfilm.ca) Cobourg

This is OUR Newsletter.  
If you want to put an announcement into OUR Newsletter  
Please send them to me  
At [mcnuttl@bell.net](mailto:mcnuttl@bell.net)  
Or call me @ 905-355-1200

April In Touch Deadline

- The first Wednesday after the last meeting of each month or as soon as possible.

Email address for 2018/19 editor is: [mcnuttl@bell.net](mailto:mcnuttl@bell.net)

Have you tried reading some of the older Newsletters yet?

Other Club's Newsletters?

You should give it a try....

<https://www.probusnorthumberland.ca/news/colborne-news>

**BE A FRIEND**

**BRING A FRIEND**



**HAPPY EASTER EVERYONE**

