



Probus Patter

Port Hope and District Probud Club, since 1998

October 2016

Regular Meetings

Officers for 2016/2017

President	Betty DeLong
Vice President	Doritty Marguerite
Past President	Barbara Struthers
Secretary	Fiona Maarhuis Allan Butler
Treasurer	Dan Kuzmich
Membership	Dorothy Gilmer Doreen Rossi
Program	Jeanne Keiser Lois Hueston
Special Events	Joan McIntosh Shirley Robinson Shirley Kane
Newsletter Chair	Murray Munro

January Speakers

Jan 3rd :

Cathy Hudson, from My Bark Avenue
She may be bringing a dog or two.

Jan 17:

Pam McConnell from Port Hope
Community Medical Centre
Type 11 Diabetes

President's Message

There is no President's message this month

New Year's resolutions don't have to be long lists of things you'll never get to. Instead, pick one cause or charity to support in 2017. Here's how.

If you're having trouble deciding on what cause or charity to concentrate on, there are ways to cut through the noise, says Paul Nazareth, vice-president, community engagement, at CanadaHelps, a site that describes itself as a one-stop shop for people and charities. Start by asking yourself what kind of impact you want to have on people. Consider creating a "multi-plan," where you'll write down several things you care about and then narrow it down from there, he says.

Once you've decided on one or two causes to support, it's time to do a little research. Nazareth suggests checking your charities' overheads, including administration costs, salaries and how much money they spend to raise money. The information is usually available on a charity's site or through the Canada Revenue Agency, and it can indicate how they're using their donations. Most of the money should go to fulfilling the charity's mandate.

Also, consider calling and asking for a tour. This is a great opportunity to ask questions about how charities are meeting their goals, including what metrics they're using and how they're tracking them. Get as much reading material – such as annual reports – as you can, and read it all. Nazareth says people choose a charity with their emotions, but the final decision should be made with their heads.

When you do decide on what cause to support in 2017, remember that it's the start of a relationship and you should want that relationship to be a long one. Lepage is mulling her choices, but does hope to focus on two things: something personal, and something that helps the greater world. Her New Year's resolution right now is to just start attending local meetings to see what's out there and how she can contribute. "I want to start going to local events and learning," she says. "Not saying anything, just listening and learning."

Recent Events



Past President Barbra Struthers laying the Probus wreath on November 11.



Terry Lynch, retired navy airman gave a very interesting talk about how to hunt submarines from the air using sonar



Terry with our Probus vets. The stories they could tell. Well done, Canada remembers.

Recent Events



Lisa Graham, Community and Family Services Manager talked about what the Salvation Army does in Port Hope

The Family Services

Provides emergency food.

Programs include:

Coats for Kids Program

Family Tracing Program

Christmas hampers

Emergency Disaster Services

Summer Camp

Soup-Er-Time

Furniture and Appliance Program.

86¢ of every dollar donated is returned to the community.

December 3rd Probud Christmas lunch at the Masonic Hall



Recent Events



And the lucky winner is



The dessert lineup was longer