

The ProBuzz



Newsletter of the PROBUS Club of Northumberland – April 2016

"April is the cruellest month", according to T.S. Eliot (1888 -1965, at right), in his famous poem, "The Wasteland". He won the Nobel Prize for Literature in 1948, so he may well be right. In our family, April is an important month because there four birthdays to be celebrated. Besides those, there are the birthdays of Shakespeare, Queen Elizabeth II, Shakespeare, Cromwell, Lenin, Nabokov, Oppenheimer, Wordsworth, and countless more. Also, one must not forget that April 1st is "All Fools Day", another tradition with obscure roots. There's always some prankster around looking to trick unsuspecting targets. That should not affect us Probians, though, as our meeting is not until the 14th.



Kinky Boots – March 2nd



It was a glitzy show, with a great cast, super music and a twist to the story. To save a shoe factory from closure, the owner, Charlie Price, has to create a niche market, and the chance comes when Lola, a drag artist, arrives complaining that "her" high heels keep breaking, unable to support a man's weight. Charlie and his workers come up with a creative solution. From the opening curtain, our attention was grabbed. Charlie (Graham Scott Fleming) and Lola (Alan Mingo Jr.), played their parts superbly, and it is no wonder that this production has been extended many times. If you missed it, try to see it before it finishes in May!

After the show, our bus driver Ron, took us to the Mandarin Restaurant in Pickering for their wonderful buffet. Contrary to predicted bad weather, we experienced perfect road conditions and arrived back in Cobourg earlier than expected.

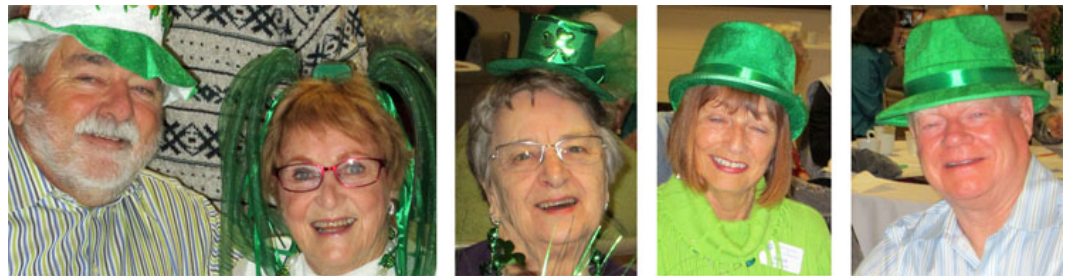
~ Jan Lundbohm

The Secret Garden - March 4th

Twenty-four Probians enjoyed an excellent production of the musical "The Secret Garden", directed by Val Russell, at the Capitol Theatre, in Port Hope. The large cast included young people who were exceptionally good in their roles, had beautiful voices, and were very talented.

~ Marilyn McMillan

The theme for the **March 10th** meeting was '**St. Patrick's Day**', as was evident immediately upon entering the room at the Lions Centre. Many of the 92 members and guests, in attendance, were wearing green clothing, green hats, green scarves. All of the tables had lovely centrepieces (green of course) arranged by Barb and Ron Swallow, who recently joined our Probuss - Northumberland Club.

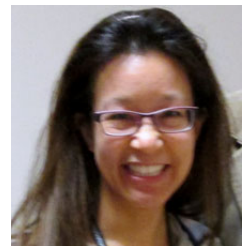


~ Helen Beaton

Healthy Aging - March 10th

The speaker for March 10th was **Susie Jin**, a Pharmacist, Certified Diabetes Educator and Certified Geriatric Pharmacist, working at Pharmacy 101, in Cobourg. Her topic, "Healthy Aging", was a reminder of the necessity for a well-balanced life style, one that includes, exercise, healthy eating, socialization and an awareness of one's own body. She stressed that all smoking is a "No-No".

Being actively involved in a healthy way of life is a road map that we can follow, helping us to avoid a detour to poor health. Ms. Jin emphasized that each person has a "Critical Threshold" in the journey through life and that, to remain healthy, each must work to stay above that level. She offered some ways to do so: Keep our home safe, monitor our medications, and take advantage of all vaccinations and other preventative health measures. Such attention to our daily lives contributes to the healthy aging process and will help us to continue to have an active and healthy life.



~ Eric Carleton

PROBUS NORTHUMBERLAND

GOLF GET-AWAY

MAY 30 & 31, 2016

Best Western Plus

Mariposa Inn & Conference Centre

400 Memorial Ave., Orillia, Ontario

1-800 461-0283 or 1-705 325-9511

Website: mariposainn.ca to view the facilities

The price includes 2 nights' accommodation, 2 breakfasts, 2 dinners, 9 holes of golf on Monday at **the Hawkrigde Course**, and 18 holes of golf on Tuesday at **the Hawkrigde Course (PLUS A SPECIAL EVENT FOR TUESDAY EVENING)**.

Single:	\$395.10 per person
Double:	\$284.36 per person
Triple:	\$247.07 per person
Quad:	\$228.00 per person

(all gratuities & taxes included)

The cost of a golf cart is extra and will be paid by you to the golf course. For non-golfers you can deduct \$85 from the above costs.

If you wish to go up to Orillia early, identify yourself as being with **Northumberland Probus** and you will get a discount on your room.

TO REGISTER: PLEASE CALL THE BEST WESTERN AT THE ABOVE NUMBER. REMEMBER TO IDENTIFY YOURSELF AS BEING WITH NORTHUMBERLAND PROBUS. (THEY REQUIRE A CREDIT CARD NUMBER BUT DO NOT REQUIRE A DEPOSIT).

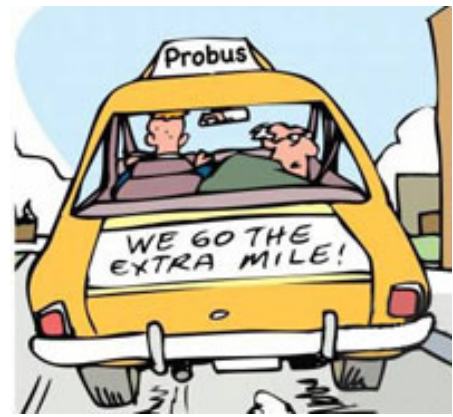
If you have questions contact **Fred Cooke** at fred62@sympatico.ca or **George Lawrence** at barge@pppoe.ca

Golf Get-Away - Suggestions for the Non-Golfers

1. Walking trail behind Mariposa Inn (You won't have very far to go)
2. Couchiching Beach Park (Lots of walking with a beautiful view)
3. Mariposa Inn's Sauna, Hot Tub & Pool (All located inside the hotel)
4. Mariposa Market downtown (Attractive shops and stores in the old downtown)
5. Casino Rama (A favourite of people who enjoy a game of chance)
6. OPP Museum (A great history lesson for all ages)
7. Stephen Leacock Museum (Interior and grounds are exceptional)
8. Royal Canadian Legion Museum (Newly renovated, decorated Vimy Room)
9. **Boat Cruise on Lake Couchiching** (A 90 min cruise aboard the "Island Princess" on Tuesday May 31/16. Your cost is \$15.00, tax included. We need 20 people to book this cruise)
10. A SPECIAL EVENT SCHEDULED FOR TUESDAY EVENING. DON'T MISS IT!

~ Fred Cooke

Need a Ride?



If you need a ride to a meeting or an event, you can phone **Barry Clayton** and **Sue Porter** at **(905) 377-9390**. They will arrange to have you picked up and returned.

*Note: For several years this ride program was run by **Brian and Doreen Scott**. We thank them sincerely for all their assistance, and wish them well in their new home in Oshawa.*

THE LUNCH BUNCH

I hope you can join us on ...

Thursday, April 28, 2016 -

Kelly's Home Like Inn

205 Third Street, Cobourg

Thursday, May 26, 2016 -

T.B.A.

If you have a favourite place, or suggestions of restaurants that you would like us to try, please let me know.

~ Marion Boys

Future Speakers

April 14th: Carol Burnham -
Keeping Bees and Making Honey.

April 28: Sarah Cook -
The Alzheimers Society.

May 12th: Brian Findley & Donna
Bennett -
Westben Arts Festival Theatre.

~ George Lawrence & Michael Hanlon

SOCIAL CALENDAR

A visit to the **National Air Force Museum** in Trenton is arranged for **Thursday, May 5th**. This is a *self-drive trip*. Plan to arrive at the Museum around 10:00 am for a guided tour and then proceed to **Tomasso's Italian Grill** for a group luncheon. The cost of \$25 includes the museum visit and a fixed price lunch that includes coffee, tea, juice and gratuity. *Dessert or alcohol are extra*. Museum website: <http://airforcemuseum.ca> . This tour is full - but there is a waiting list.



~ Mary Dunphy

Trip to Niagara Falls - May 2 and May 3

Staying at the **Holiday Inn**, 5339 Murray Street, Niagara Falls, ON. The cost: \$318.00 plus tax for two. The hotel is across the road from the **Fallsview Casino** and within walking distance of the Falls. It has free parking, a 24 hr gym, indoor swimming pool and hot tub. **Inclusions:** breakfasts for two mornings at **Coco's Terrace Restaurant**, dinner one night at **Coco's** and dinner one night at **The Skylon Tower**. Free wine tasting at one of two wineries. Gratuities extra.



This is a self-driving trip as hiring a bus is too expensive. If you have friends with whom you like to travel, they would be more than welcome to come - they don't have to be Probus members.

In the past, several of our group have organized one or two golf games during the 2 day visit. Also, you might like to visit the **Butterfly Centre**, visit **Niagara-on-the-Lake**, or hop across to **U.S.A.** to visit the nearby **Outlet Mall** etc..

Contact: **Jan Lundbohm – (905) 377-2436** for booking information or any other questions.

Other upcoming Events:

The **Club Anniversary Breakfast** is **Thursday, May 26th**. More information will be available at April 14th meeting.

A trip to the **Aga Khan Museum** in Toronto is in the planning stages. Website: <https://www.agakhanmuseum.org>

If you have any **Ideas for Future Trips and Events**, please pass them on to me. I will be interested in hearing from you.

~ Mary Dunphy < mbdunphy51@gmail.com >

Northumberland Nibblers

On March 15th, 13 Nibblers enjoyed a delicious lunch and convivial conversation at the **"Trattoria Gusto"** in Port Hope, On **April 20th**, the group will be going to **Aunt Laura's Tea Room**, 982 Porter Rd, Bethany, located just off Highway 7A, west of Peterborough. An e-mail with directions will be sent to those of you on my e-mail list, and I will have a map available at the April 14th meeting of Probus.

~ Janet Taylor

Membership News

We are pleased to welcome TWO new members to our Club!

Dawn McGregor (318 Nickerson Drive, Cobourg K9A 1A6 ; tel: 905 373-4019). Dawn, who was sponsored by Roslynn Cooke, worked at Honeywell Canada for 30 years in admin, then as computer service and support for employees across Canada. Her many interests include reading, walking and exploring the local area, gardening, weaving, Tai chi, movies and trying local restaurants. She looks forward to working at a sign-up table, decorating for theme events, selling "Share the Wealth" tickets and being a greeter or sending cards.

Phylis Kelly (347 Cottessmore Avenue, Cobourg K9A 4E3 ; tel: 905 372-7938). Phylis, who was sponsored by Marg Denny, worked as a secretary. She loves bridge, reading and golf and Marg tells us that she is also an avid skier. Phylis would be pleased to man a sign-up table (*perhaps with Dawn?*).

We are sorry to be losing **Brian and Doreen Scott** as members when they move to Oshawa in April. Brian, who is heading up our Bowling tournament, will be at that event on April 4th, so you will have a chance to say goodbye, then. Brian and Doreen headed up the ride committee – we will surely miss their enthusiasm and sunny smiles!

~ Gord & Dianne Graham



The famous French mime, **Marcel Marceau**, died on 22 Sept, 2007. For his funeral, he requested that no one sing his favorite carol, "**Silent Night**."

Irish Magic

An Italian and an Irishman went into a candy store. As they were browsing, the Italian stole 3 chocolate bars. Leaving the store, he said "I'm quite a thief. I stole 3 chocolate bars, and no one saw. You can't beat that."

The Irishman replied "Want to bet? Let's go back in and I'll show you something better."

Going up to the counter, the Irishman said to the storekeeper: "Do you want to see some magic?"

The storekeeper replied: "Yes."

The Irishman said: "Let's see a chocolate bar." The storekeeper gave him one, and he ate it. The Irishman asked for a second bar, and he ate that one as well. He then asked for a third, and finished that one off, too.

The storekeeper asked: "OK, where's the magic?"

The Irishman replied: "Check in my friend's pocket, and you'll find all three chocolate bars."

We have heard talk around town that a Toronto video production company is planning to make a docu-drama about the social activities of a group of seniors. They are thinking about using a chapter of **Probus** as a suitable group. The working title for the movie is "**150 Shades of Grey**".

An 80-yr-old Japanese, Mr. Yuichiro Miura climbed Mt. Everest, on May 23, 2013, becoming the oldest person to reach the summit - **Guinness Book of Records**. When he finally reached the summit, Mr. Miura looked around and seemed a bit bewildered. He turned to his Sherpa partner and said "What did I come up here for?"

Notes

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HERMAN by Jim Unger (1937-2013)



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"Take these pills, but don't touch the stick."

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The next **ProBuzz** will be put out in early May and the DEADLINE for it is **April 28th**.

Please send material to: ossie@cogeco.ca

If you would like to receive a **PDF of ProBuzz in colour** by **E-mail each month**, just contact an Editor: **Sue** or **Ossie**.